



Queen Mary's Grammar School

Headmaster: R J Langton, M A

CEIAG Advice and Help for Parents/Guardians to support their children

What is CEIAG?

Careers Education, Information, Advice and Guidance is to help prepare young people for opportunities, responsibilities and experiences of life. This will help young people make decisions and manage transitions as learners and workers.

Aim

The aim of this document is to **support parents/guardians** in a rapidly changing world, be more **equipped** to support their child with their future choices.

Background

EY, the global professional services organisation, reported in January 2014 almost half of parents are unaware of the range of options open to young people turning 18, and that more than half didn't fully understand the long-term implications for their children's careers.

What next?

1.Know key dates

GCSE options in Year 9, post 16 options such as A-level options in year 11, work experience placements in year 11 and the 6th form

2.Encourage a CV/diary to be kept

A rich and varied CV encompassing work experience, part time work, volunteering roles, extra-curricular activities etc is very helpful to be kept and updated!

3.Be Open to Alternatives

Academic paths/routes can change rapidly! There are a myriad of options for breaking into different sectors.

4. Visit the Supporting websites

Please visit the supporting websites below, this list has been compiled to help you in supporting your child with future choices. There is a separate section on the school website of CEIAG resources broken down by Key Stage for the pupils too!

Supporting websites

<http://www.parentalguidance.org.uk/>

Parental Guidance is brought to you by the Careers Writers Association. We are highly experienced careers writers of articles, books and web-based materials for all age groups, particularly young people. The aim of this site is to provide helpful information to parents and carers, many of whom feel at a loss about the best way to advise the young people in their care.

<https://www.cascaid.co.uk/wp-content/uploads/2017/07/Parents-Guide-to-Careers-Guidance.pdf>

An informative 11 page PDF guide from CASCAID, owned by Loughborough University the leading producer of careers information and guidance solutions with over 40 years' experience of inspiring young people with their career options.

https://www.cipd.co.uk/Images/great-expectations-careers-guide-parents_2015-october_tcm18-17811.pdf

An informative 24 page from the CIPD, the professional body for HR and people development. The not-for-profit organisation champions better work and working lives and has been setting the benchmark for excellence in people and organisation development for more than 100 years.

<https://www.theguardian.com/careers/how-help-child-navigate-career-paths>

An article on How to help your child navigate a route to career success.

<https://targetcareers.co.uk/parents-and-teachers>

TARGETcareers Futurewise exists to help young people make choices about their future. We do this by providing expert information and advice on the range of career possibilities available and the best routes into them. TARGETcareers Futurewise is part of [GTI Media](#). GTI has been helping young people figure out their future and find work since 1988.

<https://www.myworldofwork.co.uk/parents>

My World of Work is brought to you by Skills Development Scotland - Scotland's national skills body



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<https://www.parentkind.org.uk/Suppliers/Careers-Advice-for-Parents>

Careers Advice for Parents contains informed and up to date insights and articles designed to enable you to help your teenager as they make career choices in a world which is changing rapidly and is the home of the INSPiRED Teenager video programme.

<https://www.youtube.com/watch?v=sSsvamYk7Jk> Video of The INSPiRED Teenager Programme for parents, carers, teachers and their teenagers

<https://ukcareers.ey.com/students/career-advice/parental-advice>

<http://www.parentadviser.co.uk/advice-for-parents.aspx>

<https://barclayslifeskills.com/>

A website not specifically aimed at parents BUT an excellent insight into the skills needed for the world of work.

<https://www.careersadviceforparents.org/p/free-expert-advice.html>

<https://nationalcareers.service.gov.uk/>

Find out what a job involves and if its right for you