

Real Love Rocks

LGBTQ Young People

Safe Space Guide

Stonewall

Campaigns for equality of LGBTQ people across Britain. Search for local LGBTQ group/Services with their finder

<http://stonewall/> and
<http://www.youngstonewall.org.uk/>

PACE

An LGBT+ mental health charity offering a range of face-to-face and online services. They offer face-to-face, online/email, and telephone counselling for young people

Tel: 020 7700 1323

www.pacehealth.org.uk

R U Coming Out

A website where LGBT people share their coming outstories

www.RUcomingout.com

Pride events

Find your local Pride Event. Most have areas and activities for children and young people

<https://pinkuk.com/events/gay-pride-2017>

Mermaids

Providing support and information for children and young people who are gender variant and their parents

Tel: 020 8123 4819

<http://www.mermaidsuk.org.uk/>

The Proud Trust

Supports lesbian, gay, bisexual and trans young people. Search for local LGBTQ Youth Groups with their finder

www.theproudtrust.org/

As a general rule, only post comments and photos online that you'd be happy for your parents to see. Remember the internet's a public space.

You probably use lots of different sites – make sure you have control over your accounts and don't share personal information with friends.

Dating apps and websites might seem an appealing way to meet other LGBTQ people but they aren't appropriate for young people under 18 and can put you at real risk.

Source: Stonewall Staying Safe Online Education Guide.

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LGBTQ Advice, Support and Information

Barnardos Positive Identities:

We offer support to families who have children who identify as LGBTQ, undertake work in schools and communities.

Tel: 01422 371993

Email: calderdalepositiveidentities@barnardos.org.uk
or tacklehbtbullying@barnardos.org.uk

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LGBT Foundation: Advice, support and information:

<http://lgbt.foundation/>

0345 3303030

The Albert Kennedy Trust: <http://www.akt.org.uk/>

AKT supports young LGBT 16-25 year olds who are made homeless or living in a hostile environment.

London: 020 7831 6562

Manchester: 0161 228 3308

Newcastle-upon-Tyne: 0191 281 0099

You Tube: All about Trans media

Its pronounced metrosexual: **The Genderbread Person** is an infographic that breaks down **gender** identity (a free online resource for **LGBTQ** awareness and allyship training workshops) <http://itspronouncedmetrosexual.com/2012/01/the-genderbread-person/#sthash.qy4v46zs.a6HnyRWA.dpbs>

Young Minds: Offer information to young people and children about mental health and emotional wellbeing. <http://www.youngminds.org.uk/>

Brook provides free and confidential sexual health and wellbeing 49 services for young people nationwide. Their website includes information pages on gender identity and sexual orientation, contraception, health and wellbeing and staying safe online, and a text and web chat service www.brook.org.uk/your-life

Switchboard – the LGBT+ helpline: Information, support and referral service for LGBT people including online messaging and phone service www.switchboard.lgbt/help

Family Lives: A national charity providing help and support in all aspects of family life. Available to contact 24 hours a day, seven days a week.

<http://www.familylives.org.uk/>

Tel: 0808 800 2222

FFLAG: A national voluntary organisation and registered charity dedicated to supporting parents and their lesbian, gay and bisexual daughters and sons.

<http://www.fflag.org.uk/>

(Families and Friends of Lesbians And Gays)

Tel: 0845 652 0311

GI: A non-profit company that offers services to young trans people. Its aim is to improve the lives of trans people, especially young trans people.

<http://genderedintelligence.co.uk/>

(Gendered Intelligence)

GIRES: GIRES' purpose is to improve the lives of trans and gender non-conforming people, including those who are non-binary and non-gender.

<http://www.gires.org.uk/>

(Gender Identity Research and Education Society)

Tel: 01372 801554

Sexwise Advice Line: 0800 282930

Intersex uk: <http://www.intersexuk.org/>

Childline: childline.org.uk

0800 1111

Gay Youth UK: www.gyuk.co.uk/forums

Schools Out: <http://www.schools-out.org.uk/>

Hate Crime

If you would like to report a hate crime or incident please contact
Police 101 or 999 if the situation is an emergency

LGBT Foundation

www.lgf.secure.force.com/report/

or call 08453303030

*Source: Stonewall and
Barnardos Positive Identities*

**Believe in
children**
 **Barnardo's**

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LGBTQ Advice, Support and Information

KEEP IT PRIVATE

Never share personal details like your phone number, address or school with someone online, even if you think you know them well. Before using any site, check out how to keep your stuff private, block people and report anything worrying.

THINK TWICE

Don't post comments or photos online that you wouldn't want the whole world to see and remember, not everything you read online is true, including when it comes to information on being gay.

DO YOUR HOMEWORK

There are lots of safe ways to meet other gay young people once you look into it. Use Stonewall's Info Service to find a gay youth group or ask an adult for help if you need it. Remember using adult sites could get you or someone else into trouble.

TELL SOMEONE

If something does go wrong or is worrying you, it's never too late to tell someone. Whether it's a teacher, parent or an organisation like Stonewall or ChildLine, we're all here to help – being gay won't make any difference at all.

KEEP IT POSITIVE

Use the internet to find out more about the things that matter to you, whether that's tackling homophobia or something completely different.

Be creative too – why not make a video, blog or even start an online campaign?