

QMGS PE Dept - Extra-Curricular Timetable

Week 1

<u>Day</u>	<u>Activity</u>	<u>Time</u>	<u>Location</u>	<u>Staff</u>
Monday	Y7 Cricket	8.00 – 8.45	CPA	ATH
	Y11 Table Tennis	Lunch 1.00 – 1.40	C/W	KA
	Y8 Rugby	3.40 – 4.40	Field	IB/JOH
	Y10 Hockey	3.40 – 4.40	CPA	ATH/KA
Tuesday	Y10 Cardio/Weights	8.00 – 8.45	C/W	DJH
	Y12 Hockey	Lunch 1.20 – 2.00	CPA	RAF/KA
	Y7 Table Tennis	3.55 – 4.55	C/W	TFA
	Y11 Rugby	4.10 – 5.00	Field	DJH
	Y9 Cricket	4.10 – 5.00	CPA	ATH
Wednesday	Y9 Table Tennis	8.00 – 9.00	C/W	DJH
	Y12 Basketball	Lunch 1.20 – 2.00	CPA	KA
	Y10 Rugby	3.40 – 4.40	Field	TBB/RD
	Y7 Rugby	3.55 – 4.55	Field	JOH/GC
Thursday	Y8 Cricket	7.45 – 8.35	CPA	ATH
	Y7 Hockey	Lunch 1.20 – 2.00	CPA	RAF
	Y9 Rugby	4.10 – 5.00	Field	DJH
	Y10 Table Tennis	3.40 – 4.40	C/W	KW
	Y8 Hockey	3.40 – 4.40	CPA	RAF
Friday	Y9 Hockey	8.00 – 9.00	CPA	ATH
	Y11 Cardio/Weights	8.15 – 9.10	C/W	DJH
	Y11 Basketball	Lunch 1.00 – 1.40	CPA	KA

Week 2

<u>Day</u>	<u>Activity</u>	<u>Time</u>	<u>Location</u>	<u>Staff</u>
Monday	Y7 Cricket	8.00 – 8.45	CPA	ATH
	Y7 Basketball	Lunch 1.20 – 2.00	CPA	KA
	Y8 Rugby	3.40 – 4.40	Field	IB/JOH
	Y10 Hockey	3.40 – 4.40	CPA	ATH/KA
Tuesday	Y10 Cardio/Weights	8.00 – 8.45	C/W	DJH
	Y7 Handball	Lunch 1.20 – 2.00	CPA	KA
	Y7 Table Tennis	3.55 – 4.55	C/W	TFA
	Y11 Rugby	4.10 – 5.00	Field	IB
	Y9 Cricket	4.10 – 5.00	CPA	ATH
Wednesday	Year 9 Table Tennis	8.00 – 9.00	C/W	DJH
	Y12 Basketball	Lunch 1.20 – 2.00	CPA	KA
	Y10 Rugby	3.40 – 4.40	Field	TBB/RD
	Y7 Rugby	3.55 – 4.55	Field	JOH/GC
Thursday	Y8 Cricket	7.45 – 8.35	CPA	ATH
	Y7 Hockey	Lunch 1.20 – 2.00	CPA	RAF/KA
	Y9 Rugby	4.10 – 5.00	Field	DJH
	Y10 Table Tennis	3.40 – 4.40	C/W	KW
	Y8 Hockey	3.40 – 4.40	CPA	RAF
Friday	Y9 Hockey	8.00 – 9.00	CPA	ATH
	Y11 Cardio/Weights	8.15 – 9.10	C/W	DJH
	Y11 Basketball	Lunch 1.00 – 1.40	CPA	KA
	Y13 Hockey	Lunch 12.30 – 1.00	CPA	RAF/KA